

SKIN DISEASES

5.

ACTIVITY:	Blocking the Route
CARD SET:	5
TIME:	1 - 2 hours
OBJECTIVE:	To learn how to prevent diseases spread by lack of washing
KEY MESSAGE:	'A wash a day keeps disease away'
HOMEWORK:	Cure all skin disease in family

METHOD:

1. Explain how all some diseases are caused by lack of personal cleanliness
2. Hold up a picture of a person who is infected with either scabies, ringworm or lice
3. Give out all the transmission cards in the Card Set 4 and ask each person to come up and explain how their card spreads the disease.
4. Now give out 'blocking transmission' cards and ask each person to explain what they have in their picture.
5. They should then stand in front of the person with the card that is the opposite to their own (to block the transmission).
6. Discuss all the different options and make a plan as to how some of these measures

RECOMMENDED PRACTICES

- Hair should be washed every week with shampoo.
- Do not touch / shake hands with those infected with skin disease
- Keep hands free from dirt by hand washing with soap.
- Fingernails should be kept short and clean.
- All clothes and bedding washed regularly at the same time as applying the lotion to kill the scabies/ringworm.
- Dont share clothes with each other if some have skin disease.
- Do not share the same bed/bedding with those who have skin disease
- Apply lotion as directed by health centre to cure the skin disease
- Cure all people in the family at the same time with lotion

5.**Maladies de la Peau****Serie d'image**

1	A girl with scabies
2	A boy with ring worm
3	Sharing clothes
4	Two children each wear their own clothes
5	Sleeping in the same bedding
6	Sleeping in separate bedding
7	Shaking hands
8	Playing together
9	Sharing water to wash hands
10	Pour to waste hand washing
11	Use a hand washing facility
12	Sharing towel to dry hands
13	Shaking hands dry
14	Mother washing clothes
15	Mother washing blankets
16	Mother applying lotion to child