

COMMON DISEASES

2.

TIME:	Two hours
CARD SET:	2
ACTIVITY:	Role Play
OBJECTIVE:	To show people that most of the diseases are preventable.

METHOD OF ACTIVITY: ROLE PLAY

1. Explain that we are going to do a 'role play' to find out what diseases are common in the community.
2. Give out the card set for 'common diseases.'
3. Select one of the brightest people to be a Nurse.
4. She must take a chair and sit in the middle of the room and everyone should pretend to be at a clinic.
5. Each person with a card must come up to the nurse and show her card and then act like the person in the card, explaining their sickness.
6. The nurse must try and diagnose what disease they have got and give them advice what to do.
7. Each time ask everyone in the audience: *'Do you think this disease is preventable?'*
8. If it can be prevented, ask the 'patient' to return to her place.
9. If it is not preventable, ask her to remain in the clinic.
10. Count how many remain in the clinic.

NB: It is likely that only conditions that are genetic or non preventable such as cancer, high blood pressure, mental disorders, epilepsy, heart disease will still require a visit to the clinic, if all preventative measures are taken as recommended.

Show how most diseases are preventable. Conclude the activity by showing that if everyone could prevent these diseases, the clinics would be empty and people would save a lot of money.

ACTIVITY 2: CAUSE AND PREVENTION OF DISEASE CARD SET: 2a AND 2b

(To be done in the same session or in another session)

1. Give out the disease cards again to different people and ask them to say what disease is shown on the card.
2. Now give of the cause of disease cards: ask each person to come up to the front and explain the cards.
3. Now ask all those with the disease cards to stand behind the person holding the card that cause their disease. Discuss the issues that arise.