

BILHARZIA

19.

ACTIVITY:	Blocking the Route
CARD SET:	19
TIME:	One hour
OBJECTIVE:	To understand how to prevent bilharzia
KEY MESSAGE:	Do not get nailed by bilharzia snails
HOMEWORK:	Take the cure for bilharzia if needed

METHOD:

1. Give the Life Cycle (21.1.- 21.6) cards out, one to each participant who presents what they see on their card.
2. Explain carefully how the transmission takes place.
3. Give out the transmission cards (21.7- 21.12) and ask each person with a card to come up in turn and stand in front of the card which shows how bilharzias is spread in that stage. Explain that these are all high risk practices and discuss if any or all of these are common in the area.
4. Give out the Prevention cards (21.13 - 21.20) and ask those participants to come up in turn and stand in front of the transmission practice which is blocked by their card. Now all those with transmission cards can sit down.
5. Those with prevention cards remain in front to do the Priority Line Up activity. Summarise the different ways that bilharzia can be prevented.
6. Hold all the pictures up in a row and ask participants to sort them into a line, showing the easiest to the most difficult practice to change.
7. Discuss what can be done immediately, in the short term and in the long term, and how this is to be achieved.
8. Ask the participants to make a pledge to undertake at least one of the above methods to prevent bilharzia.
9. Encourage everyone with symptoms of bilharzia, especially children, to go to the clinic for the medicine to kill the parasite.

RECOMMENDED PRACTICES:

- Use a latrine
- Practice cat sanitation
- Spray breeding places
- Use protected water, do not take water from rivers
- Wash at home, do not swim in rivers
- Wash plates at home, not in rivers
- Wash clothes at home, not in rivers
- Go to clinic and take medicine if signs of bilharzia