

## FOOD SECURITY

11.a

<b>ACTIVITY:</b>	Planning
<b>CARD SET:</b>	11.a
<b>TIME:</b>	One hour
<b>OBJECTIVE:</b>	To ensure every home grows vegetables
<b>KEY MESSAGE:</b>	Shortage of land is no excuse for no garden
<b>HOMEWORK:</b>	Nutrition Mounds

### METHOD: DEMONSTRATION

1. Using the village map drawn on the banner, make a plan where to start a nutrition garden, either communal or individual.
2. Decide which kind of garden is the most feasible in your area: communally shared or individual gardens.
3. What permission is needed to use the communal land?
4. How is the land to be secured, with a fence or if no funds, euphorbia bush can be planted. Is this bush available in your area, or what else is used as live hedge?
5. Arrange a day when the land is to be cleared, and who will be a part of the garden.
6. Discuss how to use good farming methods, such as a fertility trench, organic growing without fertilizers, crop rotation and intercropping.
7. Arrange for an agricultural extension officer to assist the CHC.
8. Talk about the use of a nutrition mound and how to prepare the mound.
9. Give out the pictures and ask each person to come up and explain what is in their picture.
10. Hold the pictures up in a line and ask each person to come up and stand behind the picture they would like to copy.
11. Make concrete plans how the garden is going to be achieved.