

## WORMS / INTESTINAL PARASITES

8.

<b>ACTIVITY:</b>	Blocking the Route
<b>CARD SET:</b>	8
<b>TIME:</b>	One hour
<b>OBJECTIVE:</b>	To understand how parasitic worms affect our health
<b>KEY MESSAGE:</b>	'Don't be a can of worms'
<b>HOMEWORK:</b>	Make sure all your children are de-wormed this week

### METHOD:

1. Provide information on the life cycle of the parasitic worms.
2. Using the appropriate Transmission Cards, ask people to come up and hold the cards in the right order to show how worm infestation happens.
3. Give out the Blocking Cards and ask people to discuss ways that the worms can be blocked from continuing to breed and infest people.
4. Ask those with the cards to come to the front and stand in front of the person with the appropriate card, showing how their card will prevent that transmission stage.
5. Discuss if the ways of prevention can be undertaken by the community and how this will be done.
6. Ask participants to pledge certain changes in their behavior to stop the transmission of worms.
8. Make plans for all children to take de-worming medicine every six months.

### RECOMMENDED PRACTICES:

- No open defecation; keep environment free from human and animal faeces.
- Everyone should have a hygienic latrine.
- Regular hand washing with soap.
- Keep nails short.
- Do not eat unwashed or unpeeled fruit.
- Do not put fingers in the mouth.
- Do not allow children to suck dirty objects from the ground.
- Eat only well cooked meat.
- Do not let dogs have access to dirty plates.
- De-worm all children every six months.