

MALARIA

18.

ACTIVITY:	Blocking the Route
CARD SET:	18
TIME:	One hour
OBJECTIVE:	To understand how to prevent malaria
KEY MESSAGE:	'Mosquitoes make misery, don't let them breed.'
HOMEWORK:	Use of mosquito net for whole family

METHOD:

1. Provide information on the transmission of the mosquito borne disease
2. Using the appropriate Transmission Cards, ask people to come up and hold the cards in the right order to show how transmission happens.
3. Give out the Blocking Cards and ask people to discuss ways that the mosquitoes can be blocked from continuing to breed and infect people.
4. Ask those with the cards to come to the front and stand in front of the person with the appropriate card, showing how their card will prevent that stage in the mosquito's life cycle.
5. Discuss if the ways of prevention can be undertaken by the community and how this will be done.
6. Ask participants to pledge certain changes in their behavior to stop the transmission of mosquito borne disease: emptying tins, potholes and controlling breeding sites.
7. Make arrangements for all those with children under 5 to have insecticide treated bed nets.
8. Discuss other activities that can be done as a group to prevent mosquito breeding.

RECOMMENDED PRACTICES:

1. Use a mosquito net when sleeping.
2. Clean up around home to ensure no mosquito breeding in empty containers.
3. Fill in all potholes and stagnant water.
4. Spray all ponds/dams with larvacide to prevent breeding.
5. Cut all grass and shrubs around home.
6. Keep all doors and windows closed.
7. Use wire mesh on windows.
8. Burn mosquito coil or insecticide to ward off mosquitoes.
9. Put mosquito repellent on exposed skin.
10. If someone has malaria they must sleep under a mosquito net when resting.
11. Go to the clinic immediately to get treated.
12. If no response to treatment with 12 hours seek medical assistance again.