

Disclaimer

Please read the following disclaimer before using the training material

The Tool kit of visual aids for Corona Virus was conceptualised by Dr. Juliet Waterkeyn (Director of Research and Training) for Africa AHEAD.

Like all material on this website these pictures are 'open source' (Collective Commons) and therefore may be used by other organisations, as they stand, but may not be altered.

If you want to use them, it is accepted good practice to acknowledge the developer (Africa AHEAD) and artist and keep the Africa AHEAD logo.

Although his material is freely offered in the interest of improving public health, we would appreciate some feedback as to how you intend to use these training materials for our own interest.

If you are starting Community Health Club Programme we also offer to showcase your activities on the www.africaahead.com website.

As the training materials were developed specifically to match the culture in Zimbabwe they may not be suitable for your context.

We take no responsibility for any issues which may arise due to using pictures which have not been pretested before use with key messages approved by the local Ministry of Health.

Therefore before you use them at scale in your programme you should pre-test the pictures and the key messages to ensure they resonate with your community.

If you have any suggestions as to how we can make the messages and the artwork more effective please contact us and we can tailor make the artworks to your context.

We provide training workshops to ensure that the pictures are well understood by trainers and enable them to become skilled facilitators using a range of participatory activities.

Please contact us for more information, email direct to juliet@africaahead.com

Or use the response box at the bottom of the webpage.

GOOD



MEDIUM



BAD

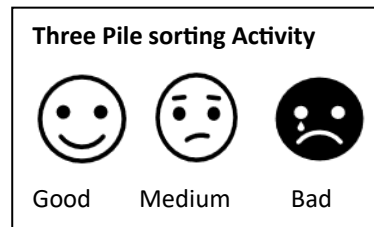


How to use the Cards for a Participatory Activity with Community

Cut the caption off the bottom of each card (or fold it over behind) so people can't see the caption.

This is a participatory activity to allow people to think for themselves and work out the best way they can deal with corona virus. As the cards themselves can spread the virus if they are handed out, you should employ the traditional method by holding up each card in front of the group. To minimize the risk of transmission of the virus, the group should be of no more than 10 people and each should sit at least 2 meters apart from each other without touching.

METHOD: 'Three pile sorting' Firstly, explain about Corona Virus and how serious it is for your country and explain the symptoms with Card 30. Hold up one card at a time and ask a different person to come to the front of the group and explain what they can see on the card. They must then explain if this is a 'Good', 'Medium' or 'Bad behaviour' and why. Put the Good, Bad and Medium cards on display in different places. Once they decide, the card is placed by the 'Good', 'Bad' or 'Medium' cards. Encourage everyone to contribute their ideas in a problem-solving discussion. Hold up those cards in the 'bad behaviour' group and ask how this behaviour can be blocked by one of the measures shown in the 'good behaviour' group.



Homework: Each should **start an emergency Corona Health Cluster (eCHC) with neighbours to spread this information and ensure safe practice behaviour.** Each eCHC should elect a **lead household** linked by cell phone to report any cases for early detection.

Key message of each picture

1. **Good:** A person with healthy lungs: no corona virus infection.
2. **Bad:** A person with Corona virus (or other infection) in their lungs
3. **Dangerous:** Children coughing over each other and spreading the virus.
4. **Dangerous:** people who smoke are more vulnerable to contract Covid 19 and more likely to die.
5. **Dangerous:** Cleaning nostrils on the street spreads the virus.
6. **Dangerous:** Spitting on the street spreads the virus.
7. **Dangerous:** Picking nose or touching your face may spread the virus
8. **Dangerous:** Put your fingers into your mouth if you have not washed them well with soap or hand sanitizer
9. **Dangerous:** sneezing into your hand close to someone will spread the virus if you are infected with Covid 19.
10. **Risky:** Sneezing into your elbow (good) but throwing tissue on the ground (bad) spreads the virus.
11. **Risky:** Always sneeze into your elbow to catch virus (germs) but not near anyone else or they will catch the virus from you.
12. **Safe:** Always sneeze into your elbow to catch virus (germs) but stay far from another person (at least 2 meters)
13. **Safe:** Wash hands regularly – use a foot-operated 'Tippy Tap' is better (good) but no use of soap (bad).
14. **Safe:** Wash hands regularly – use a foot-operated 'Tippy Tap' is better (good) and the use of soap (good).
15. **Risky:** Using a tippy tap to wash hands (good) but no soap (bad) but sharing a towel can spread germs between people.
16. **Safe:** Using a tippy tap & soap to wash hands and shaking hands dry is the safest method.
17. **Dangerous:** You will get the virus if you sleep in the same room as a person who has it.
18. **Safe:** Sleeping under a mosquito net is good as it can stop Malaria but not Covid.
19. **Good:** An infected person must sleep alone in another room or another house.
20. **Risky:** It is good for the Sick person to drink a lot and continue eating food but the carer is not protected (risky).
21. **Risky:** The carer is wearing a mask (or scarf) and washes hands with soap after contact with infected person.
22. **Dangerous:** Avoid all social contact through shaking hands, and touching each other through games and romance.
23. **Dangerous:** Avoid all Social gatherings such as weddings and funerals and sporting events
24. **Safe:** Keep out of range of another person, at least 2 meters apart (social distancing).
25. **Risky:** Greet another person, by bumping elbows (if you must touch them)
26. **Safe:** If you go to get water, stay 2 meters apart. Wash hands before and after you touch the hand pump.
27. **Safe:** Each person should use their own cup to drink with well protected water
28. **Safe:** Do not share a plate of food. Wash hands with soap before eating with hands.
29. **Safe:** Build up immunity by eating lots of fruit and vegetables and protein.
30. **Bad:** Symptoms of Corona Virus infection: continuous dry cough and high fever.
31. **Safe:** Do not be afraid to go to hospital. Then go home and self isolate.