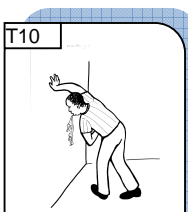
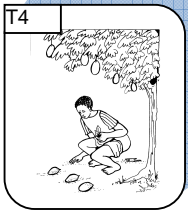


15. DIARRHOEA THROUGH FRUIT

TRANSMISSION



ACTIVITY: 15. Blocking the Route **TIME: 2 hours**

1. Hand out the Transmission cards (left), and ask each person to come to the front and explain their card to the rest of the participants in the group.
2. Ask participants to arrange the cards to make a story. They need not use all the cards at once.
3. Now hand out the cards (right) that show ways to 'block the route' of the transmission of diarrhoea by buying FRUIT (or other raw food) from vendors.

TRANSMISSION PRACTICES

1. Eating raw fruit without peeling
2. Buying fruit from vendors with poor hygiene.
3. Eating uncooked fruit or salads.
4. Defecating under fruit trees.
5. Collecting fruit off the ground.
6. Using animal or human manure on salad or fruit that grows on the ground.
7. Cutting up fruit/salad with dirty hands.
8. Storing unwashed fruit in lunch box.
9. Flies contamination of fruit.

RECOMMENDED PRACTICES

1. Peeling fruit before eating
2. Washing all unpeeled fruit before eating.
3. Cooking fruit before eating.
4. No open defecation.
5. Do not eat ripe fruit from the ground without washing.
6. Washing hands before eating.
7. Be careful to wrap sandwiches separate from fruit when storing together in a lunch box.

NEW PRACTICE : Wash or peel fruit

RECOMMENDED

