

DEFECATION

19. DEFECATION PRACTICES

EFFECT

S3



S4



S2



S8



S5



S11



S10



S7



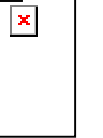
H1



F2



T7



F8



D10



S14



S12



S15



ACTIVITY: 19. Story with a Gap TIME: 2 Hours

1. Everyone should get into pairs.
2. Spread out the cards in two groups (left) and (right).
3. Ask each couple to take a card from each group.
4. They are given 10 minutes to make up a story suggested by the two cards.
5. Each couple takes a turn to tell the story to the rest of the group.

DISCUSSION:

How often do these defecation practices happen in your area?

What is the effect of poor defecation on health?

Discuss reasons for these sanitation practices and ways to improve local behaviour.

How we improve sanitation in the area?

ACTIVITY 20: Sanitation Options Time: 2 hours

1. What are the options for safe faecal disposal in the area where you live? (See next page)
2. What types of toilets do you have in your area?
3. Hold up the pictures in Session 17 and each person stand behind the picture of the type of toilet they use.
4. If they do not have access to a toilet, select a picture that represents their defecation practice.
5. Make a note of how many people have each type of toilet, and how many have none.
6. Discuss the advantages and disadvantages of each toilet design, under the different categories listed.
7. Through discussion, work out what is the most feasible option for the area, with regard to resources and community organisation.
8. Make a plan of how sanitation in the area could be improved, and how the health club can assist.
9. Contact the relevant authority with the request.