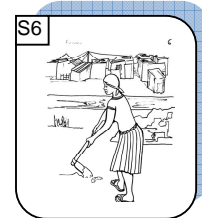
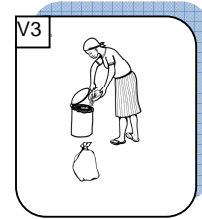
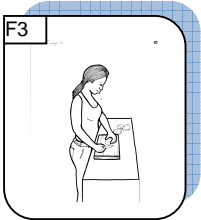
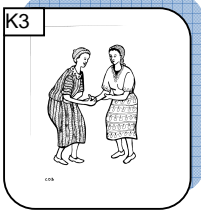


7. WHEN TO WASH HANDS

ACTIVITY 7: Sing and Teach

1. Ask people to think of all the times that hands should be washed.
2. Give out the cards on this page and ask people to come up to the front and explain their card.
3. Ask participants to make up a song in their own language which contains the following information.
4. Practice singing with the cards until everyone can remember the song.
5. Perfect the song and explain that this is their health club song that should be sung on the way to the meeting or at any public place where others will hear it.



TIMES TO WASH HANDS

*These are the times I wash my hands,
Wash my hands. Every single day:*

*I wash my hands when I wake up
before I can shake hands.*

*I wash my hands before I cook
before I prepare food.*

*I wash my hands before I breast feed
my little baby.*

*I wash my hands before I eat,
before I touch my food.*

*This is the way I wash my hands
every single day.*

*I wash my hands after the toilet
before I touch my food.*

*I wash my hands after a nappy change
before I touch food.*

*I wash my hands after I touch garbage
before I touch food.*

*I wash my hands after I clean the toilet
before I touch food.*

*This is the way I wash my hands
every single day.*

*I wash my hands after I garden,
before I can touch food.*

*I wash my hands if I touching animals,
before I can touch food.*

*I wash my hands after caring for the sick
before I can touch food.*

*I wash my hands after touching the dead
before can touch food.*

*This is the way I wash my hands.
Copy what I do!*

HOMEWORK

Teach your
children
and friends
to sing
these
songs