















## **10. DRINKING PRACTICES**

Session 9 and 10 can be done in one day. One Group takes 9. Water Collection and Storage and the other 10. Drinking Water Set.

ACTIVITY: 10. Three Pile Sorting TIME: 1 Hour

- 1. Divide participants into groups of 10-16.
- 2. Give out a set of the cards to each group, and ask each person to select one card each. Each person should describe the card they have selected to their own group.
- 3. Each Group should discuss all the cards and sort them into three piles according to how safe they are:
  - 1. Safe 2. Unsafe 3. Not sure
- Once all groups have sorted their cards, let them feed back to the whole group on their decisions and why, and encourage debate.
- 5. At the end the group should decide on the best source of water and best method of carrying and storing drinking water.

## **KEY RECOMMENDATIONS**

- 1. Never put your hand in drinking water.
- 2. Use a jug or ladle to take drinking water, if a jerry can is not used.
- 3. Do not share bottles / bompies or cups.
- 4. Never drink from the same container as others.
- 5. Use your own cup at home.
- 6. Wash cups between usage.
- 7. Boil water (for more than 6 minutes) if it comes from an polluted source.
- 8. Drink bottled water if local water is not well protected.

HOMEWORK: Make sure your drinking water is well protected.















