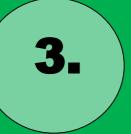


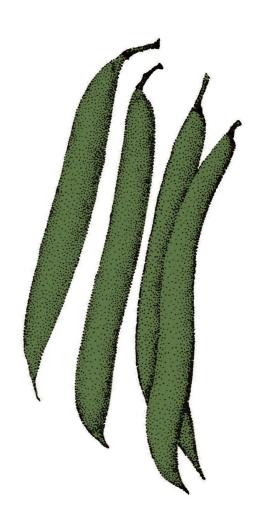


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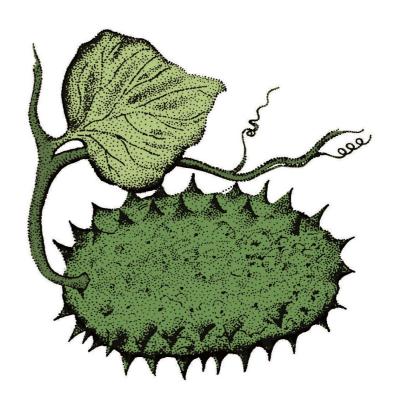






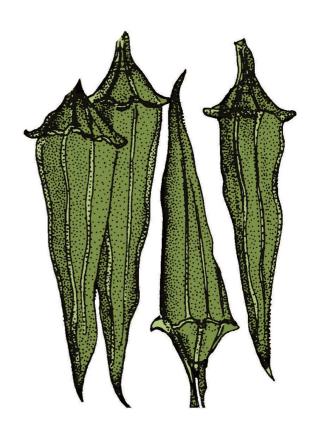




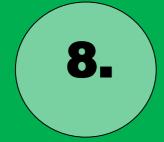


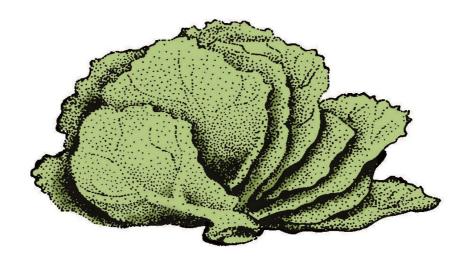












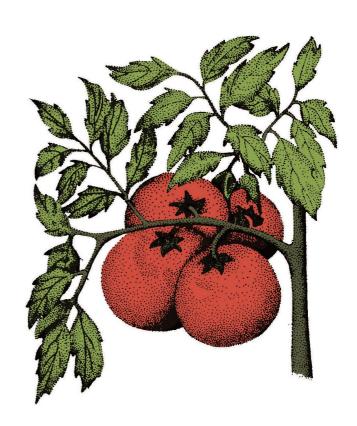


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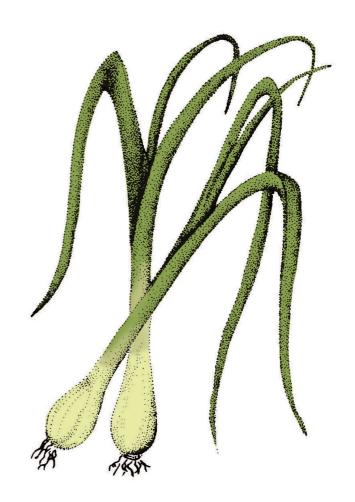






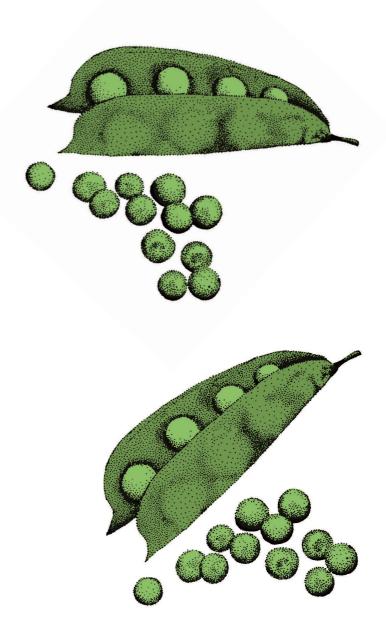




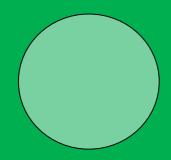




12.







Nutrition Vegetables

NUTRITION— Vegetables

- 1 Carrots
- 2 Cabbage
- 3 Beans
- 4 Pumpkin
- 5 Onion
- 6 Wild Cucumber
- 7 Ocra
- 8 Rape
- 9 Spinach
- 10 Tomatoes
- 11 Spring onion
- 12 Peas