

PERSONAL HYGIENE

PARTICIPATORY ACTIVITIES

THREE PILE SORTING / GROUPING

All picture cards are given out, depicting a range of different hygiene practices or situations typical of the local area.

Each participant must hold up a picture and decide if the practice is 'Good' (Safe), 'Bad' (Unsafe), or 'Medium' (Unsure/Average) in terms of health risk.

Either put the cards into 3 piles or people with their cards form three groups and discuss reasons for the grouping.

OWN UP AND SIT DOWN

Those holding the 'Good' cards remain at the front holding up their card.

Then everyone is asked to stand up.

Each person shows their card one at a time, and anyone who is not practicing what is shown on the card must sit down.

Those that are left standing after all the cards have been shown are the 'winners' and they are praised as being a good example and what all CHC members must aspire to become.