

FACILITATOR GUIDE TO PARTICIPATORY ACTIVITIES FOR

TOPIC 3: Respiratory Diseases

How to use the Card set in a participatory way

1. **Hold and Describe:** cards are handed out to the audience and each person comes to the front and describes what they see.
2. **Bear witness:** The members raise their hands if they practice what is shown on the card
3. **Blocking the Route:**

The 'transmission routes' (3-12) of Respiratory Diseases as shown on cards are given out, one to each person, and they come forward one at a time and explain what they see on their card.

Then the prevention cards (13-19) are given out.

Each person with a card comes forward to the front and chooses a transmission card, and explains how their card can block the route shown the transmission card.

When all cards have been shown, a discussion takes place as to the most effective interventions that can be done to 'block the route' of transmission of respiratory disease.

The group must decide what is to be done before the next session to block this transmission route.