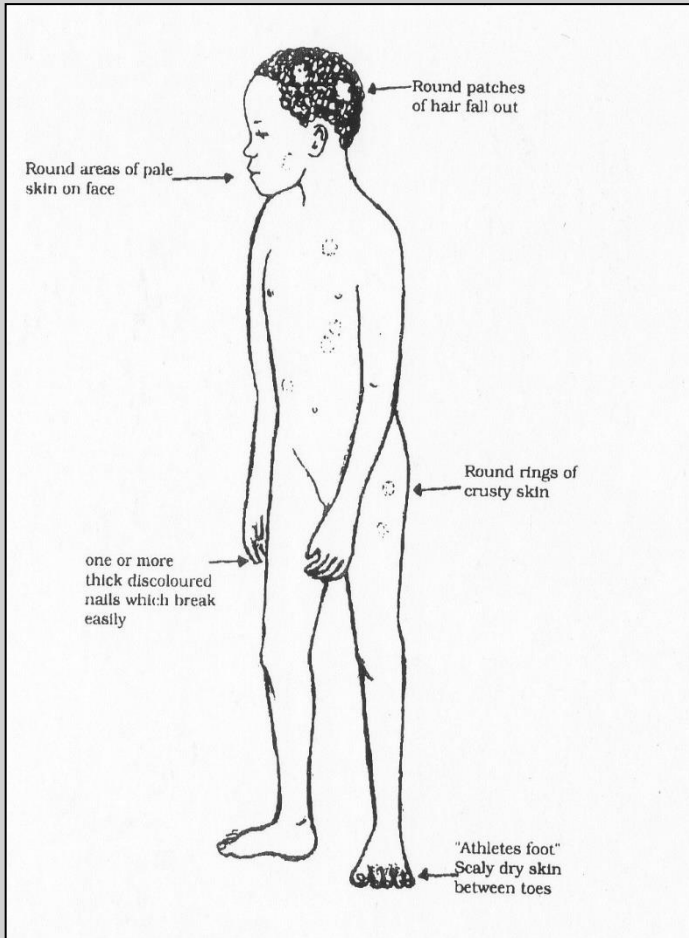


Ringworm

Trainers Guide to Ringworm: To be learnt by heart.

Where on the body Ringworm is common?



Transmission:

1. Ringworm is a fungus that cannot be seen with the naked eye.
2. It is spread by direct contact from person to person.
3. It is also spread through indirect contact through clothes and bedclothes.
4. Ringworm is most common in children under 10.

Symptoms:

Ringworm can be seen in one or more forms:

1. Round areas of pale skin on the face
2. Patches of baldness on the head where hair does not grow.
3. Ring shaped sores on the body with central healing
4. Thickness, discoloration, and brittleness of nails
5. Scaling and cracking of the skin between the toes.

Treatment/Cure:

1. Scrubbing daily with soap and water.
2. Go to the clinic to get some fungicidal ointment, which must be put on every day without fail for three weeks.
3. Treat everyone else in the family to prevent recurrence.
4. Wash all clothes and bedclothes.